

# WindDancer

## and the Star Dust Dots



Spring 2015

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## Dr. Paula's Message



*Photo courtesy of Flamborough Review*

Hello Wind Dancer Friends,

Welcome to our spring edition of Pony Tales—and what a welcome spring this is! The winter of 2014/2015 was challenging for many of us, and our Rescue was no exception. This winter was less blustery than the previous one, but the successive days below -20C were a greater challenge. On those coldest of days we often saw Beans, Dudley and Lucy running at top speed around the Rescue doing what I like to call “crazies”. This was how they would keep themselves warm.

But I worried so much about our senior ponies, Frosty and Bomber; the arthritic ponies, Elf and Holly; and the chronically laminitic ponies, Cassie and Cheroot, who aren't able to move around as well. I worried that the persistent cold had settled into their bones. So, it was amazing to me how warm and cozy they were in their run-in sheds. Sheltered from the wind, their body heat radiated in the warm wooden spaces. With their blankets on and free choice hay, they got through winter just fine—although many mornings I could barely see their faces, their hairs were so frosty.

Getting hay and water to the ponies was our greatest challenge. Fortunately the new hay shed arrived mid-winter. It has been such an improvement! Thank you for the generous donations that made it possible. We are now able to store larger quantities of hay in the Rescue instead of having to transfer it every few days. We did, however, lose our water source to freezing—the first time since I have lived here. So we filled our large water tank at the house. We also ran hoses all the way from our kitchen sink to the paddocks! The method depended upon which problem Johnny wanted to deal with that day: frozen valves on the tank or frozen hoses! Hopefully we will not face such a cold winter again.

Board Member Andrea Malick has written a great article on arthritis and how it affects ponies. This topic has been very thought provoking for me as we care for our arthritic ponies. Equines have historically been useful animals to humans and although they may be less necessary for work today, we still expect them to be useful for pleasure and competition. From this perspective, lameness is not always tolerated and can be a reason for someone not wanting to keep an equine or pay for its care. It is also a common reason for euthanasia. Before the rescue, I accepted that as the state of the industry. Now we care for two arthritic ponies at Wind Dancer. Elf, who has twice escaped the livestock sales (for slaughter) in Waterloo, has a knobby, sore knee. We have treated it, and she has gained a degree of relief. Sometimes she hobbles, and at other times she runs around the Rescue with glee—with a limp, yes, but mostly with glee and with joy. The arthritis in Holly's stifle joint limits her movement a bit, and adds a clicking sound to her step, but it doesn't take away from her interest in life or her love for the people who care for her.

Sometimes when I get out of bed in the morning, I find that years of riding horses and bending over to look at animals have caused my back and knees to be very painful—and I hobble a bit, but mostly I spend my days in joy. I don't believe that I am ready to be “put down” and Johnny still seems to want to take care of me regardless of my arthritic knees and sore back. I am being a little tongue in cheek here, but as I care for these happy, lame ponies, I have really had to think about the decisions we make for our animals. Elf is far from needing to be “put down”. She may not be ride-able, but she is most deserving of a joyful life and a good foster home!

Now with the relief of spring, I am looking out upon a full rescue, and I do so with mixed feelings. We have the space to offer 12 ponies excellent loving care, and we could squeeze in one or two more in urgent need. Those spaces must be left available for that event. That means we must turn away less urgent cases, and it is difficult to say “No”. Not everyone understands “No”.

I recall, over my career as a veterinarian, people complaining to me because the local SPCA wouldn't take their stray cats or kittens. I have worked closely with the SPCA's and I know that once their space is full, taking in a cat would require another cat be adopted or euthanized. Overcrowding is just not an option for a well-run, humane rescue. To this end, we have decided to boost our focus on the fostering program at Wind Dancer. You can learn about some of our available ponies in this issue or by inquiring at [winddancerfostering@gmail.com](mailto:winddancerfostering@gmail.com) –and please spread the word. Let's find these ponies some loving forever homes! Then we can free up the space to help more ponies in need.

Wind Dancer Pony Rescue is a journey: one of persistence, love and community. I thank every one of you for your ongoing support and for believing in ponies.

Paula



*Pony Holly knows there is something in the vial Dr. Paula is holding that can make her arthritis feel better*

**Let Us Know What You Think-** Got questions or comments?  
We'd love to hear from you at [ponytalesnewsletter@gmail.com](mailto:ponytalesnewsletter@gmail.com)

## VIP Pony Profiles

Wind Dancer's VIPs (Very Important Ponies) are always on the move. Since our last issue of Pony Tales, Wind Dancer welcomes a living dolly - Holly.



### **Holly** 11 year old Mare - Chestnut

Our newest arrival at Wind Dancer, sweet little Holly, has a way of turning us all into five-year-olds. While a volunteer bends down to brush some of Holly's sore spots, she'll rest her mouth softly on the volunteer's cheek.

She has a locked stifle, which means she's a little stiff in her hind limb when she walks. But an injection of medication to her joint last fall has Holly happily and comfortably following her caregivers around the paddock. "Everyone loves Holly," says Dr. Paula. "After everything she's been through, she's so kind."

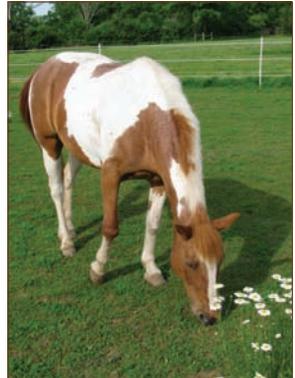
Despite having been tied up in a backyard in a sad past situation, Holly is affectionate with her caregivers and the other ponies. The volunteer shifts last a little bit longer these days – they just can't help wrapping a big five-year-old hug around this little sweetie.

### **Elf** 14 year old Mare - Paint

Wind Dancer saved Elf from being taken to the Ontario Livestock Exchange and sold for slaughter, probably because of her arthritic knee. She became an instant favourite among her caregivers because of her sweetness and determination.

With an injection similar to Holly's, Elf has improved dramatically, even if she limps a bit when she tries to jog to keep up with her herd. (See more about these injections in our feature article on arthritis.)

Just by managing the inflammation in her knee, her new family will enjoy many rewarding years with this pretty – and pretty determined – little pony.



### **Beans**

10 year old Shetland Gelding - Grey (with mud accents)

Beans is a fun and sensitive soul who thinks he's a mighty stallion. No doubt about it, he's Chairman of the Herd around here, deciding hay privileges and access to the visitors.

A "terror" when he first arrived at Wind Dancer, with a lot of patience and love, Beans became a popular ambassador for the rescue at public events with his impossibly cute face and star quality.

His new foster family will get a blast out of having this little dynamo in their lives, but he will do best in a family with experience training horses and ponies.

*If you really want Beans but don't have the space, how about ordering this beautiful likeness by Nancy Jackson. You can have your very own copy for \$30 by contacting*

**Cassie** 9 year old Mare - Liver Chestnut

Cassie came to Wind Dancer in September 2013 with another rescue pony, Ginger, who has since been fostered. Cassie is one of the goofier and more playful of the Wind Dancer ponies. You can often see her rolling on the ground or just motoring around the paddock for the sheer fun of it. She takes her job as greeter very seriously, communing nose to nose with newcomer Holly through the fence and waiting eagerly at the gate for volunteers.

Right now Cassie is getting over a bout of laminitis, so she wears special shoes for comfort and mobility, and is temporarily staying in the bare-ground paddock. By keeping an eye on her movement and how much grass she eats (sugars in the grass are a trigger for laminitis), her new foster family will enjoy many years with a healthy -- and goofy pony.



**Bomber** Aged Gelding - Light Bay

Bomber was one of the first ponies to arrive at Wind Dancer, after several years in a riding school. Easy going by nature, bomb-proof Bomber naturally gets all the attention from the younger volunteers, so he usually rocks the best-brushed coat and tail.

Bomber is quite content to explore the far corners of his paddock or quietly follow the volunteers as they move about. He's perfect as a companion for other horses and ponies, and as a safe passage into the equestrian experience for newcomers.

**Fairree** 25 year old Mare - Buckskin

Fairree has the heart and smarts of a competitor. One of the early 'graduates' of the Wind Dancer Pony Rescue, Fairree was a special companion to a young rider in a foster family for two years before coming back to the Rescue.

In great health, Fairree has energy enough for the pony club games and show ring, as well as the intelligence to respond nicely to her caregivers. She has many years of love yet to give.



*Summer Coat*

If you have space in your heart and your barn for one of Wind Dancer's much-loved ponies, please contact us at

[winddancerfostering@gmail.com](mailto:winddancerfostering@gmail.com)

By fostering one of our ponies

—even temporarily—

you are making space and giving another, less fortunate pony a chance at a new life.



*Winter Coat*

## Indomitable Spirit of Isabel Dupuy Inspires Children's Book

First a Pony Rescue, then a bronze statue, now a children's book... The legacy of Isabel Dupuy continues.

The Wind Dancer Pony Rescue Foundation is proud to be a partner in launching the children's picture book, *Wind Dancer and the Star Dust Dots*, written by Neil Currie and illustrated by Jennifer Lambert. This beautifully illustrated and inspirational story about a foal named Wind Dancer, and her dreams of galloping among the stars, was written in honour of Isabel's indomitable spirit.

Dr. Paula Dupuy, *Wind Dancer's* founding president, admitted at the February 16 launch party that she found the *Star Dust Dots* project difficult to deal with at first, because the story is such a moving portrayal of the youthful vision and positive attitude for which Isabel is so well known.

Now that the book is published, though, "I am so grateful to have been the mother of Isabel, who inspired so many wonderful things," she said as she thanked the Curries and Ms. Lambert for their tribute to her daughter, and their generosity to the Pony Rescue.

Neil and Susanne Currie are owners of Amani Acres in Brantford and long-time friends of Dr. Paula. Jennifer Lambert, a Paris high school student, is a talented young artist who takes horseback riding lessons at the Currie's farm.

Net proceeds from book sales will go toward helping the ponies at the Wind Dancer Pony Rescue.

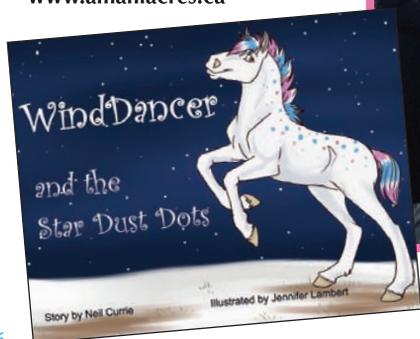
The idea for *Star Dust Dots* arose from a challenge the Curries gave themselves to do something in honour of Isabel following her untimely death in a motor vehicle accident in 2011.

"I thought about it overnight and it kind of wrote itself the next day," Neil Currie told the *Flamborough Review* at the launch, which drew about 80 people on a frosty Ontario Family Day. "It would be nice to turn it into a whole series," he added.

The simple, yet inspirational, text and beautiful illustrations make *Wind Dancer and the Star Dust Dots* ideal bedtime reading for parents with small children, or good starter material for older children just learning to read.

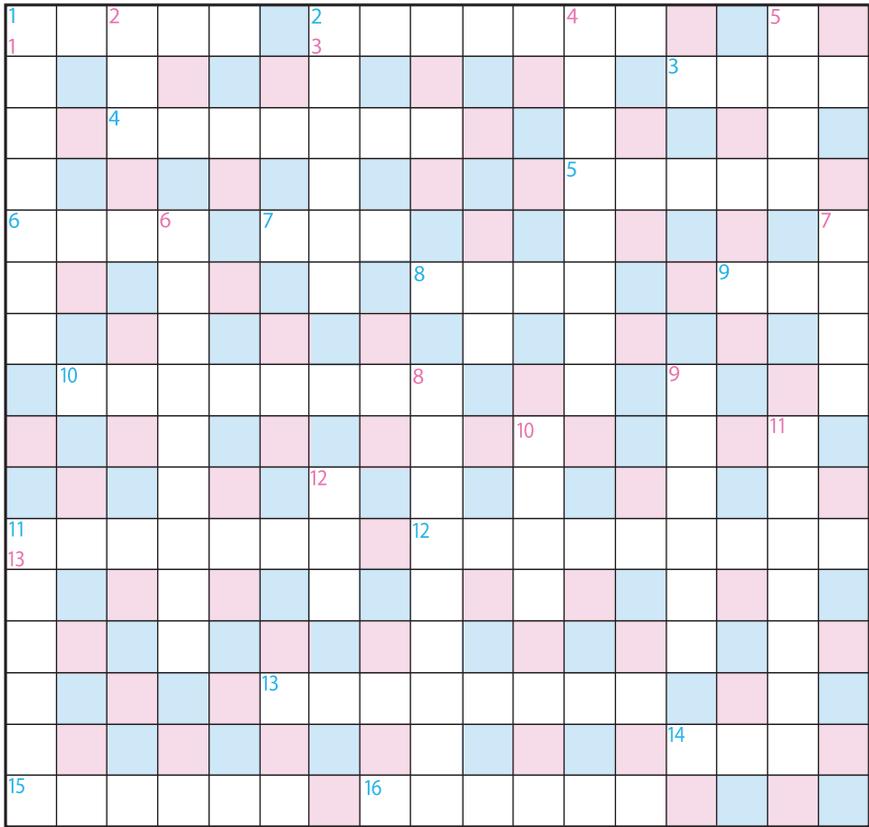
The self-published book can be purchased on-line at [www.amaniacres.ca](http://www.amaniacres.ca) for \$16, which includes shipping. Net proceeds will go toward the care and feeding of *Wind Dancer's* ponies.

*Wind Dancer and the Star Dust Dots* was launched at Amani Acres, Brantford, on Family Day. Order your copy from [www.amaniacres.ca](http://www.amaniacres.ca)



With its namesake, *Wind Dancer the Pony* are: Dr. Paula Dupuy, illustrator Jennifer Lambert, Susanne Currie and author Neil Currie.

# How's Your Pony Knowledge? Answers on page 11



## Across (blue numbers)

1. Rescue's newest and sweetest
2. Volunteering counts in high school as community \_\_\_\_\_
3. Even with arthritis life can be \_\_\_\_\_
4. A male pony, Beans is a \_\_\_\_\_
5. Cartilage in joints absorbs \_\_\_\_\_
6. A bunch of ponies is a \_\_\_\_\_
7. Mare named \_\_\_\_\_ is 14 years old
8. Pressure on your left \_\_\_\_\_ helps a pony turn left
9. Canada's southern neighbour
10. Dots on Book's Wind Dancer are made of \_\_\_\_\_
11. Big May event to thank volunteers
12. It makes humans and ponies sore
13. Part of Bomber's mane that covers his forehead
14. Look into Holly's face and see that she has a "kind \_\_\_\_\_"

15. Keep Wind Dancer's calendar and join our \_\_\_\_\_
16. One sore limb can cause \_\_\_\_\_ on other body parts

## Down (pink numbers)

1. New one keeps pony food safe and dry (2 words)
2. Arthritis is usually in joints of the \_\_\_\_\_
3. Holly has a sore \_\_\_\_\_ joint
4. A nut or a pony colour
5. Author honours Isabel with a \_\_\_\_\_
6. Besides volunteers, WD ponies rely on \_\_\_\_\_
7. Volunteers like to brush Bomber's \_\_\_\_\_
8. The right \_\_\_\_\_ controls pain
9. Foster ponies thrive with a \_\_\_\_\_
10. Ponies are not usually fed \_\_\_\_\_
11. Oldest VIP for fostering
12. This pony colour is also a place to shop or swim
13. Where to find Dancer on Canada Day



## Pony Palooza 2015

Wind Dancer volunteers celebrated the Fourth annual Pony Palooza at the Rockton Fair Grounds on May 2. More than 50 volunteers give their time to make our ponies feel loved, and this was our chance to give love back!



Among the evening's highlights were a special appearance from Elf the pony, and a performance by Wind Dancer's own musical group, The Perils of Ponies.



## Calendar of Events

## SAVE THESE DATES!

**First Saturday  
of Every Month**

**Pony Daze**

Join us at the Rescue, 1165 Highway 8, Sheffield, from 9:00 a.m. to 1:00 p.m. on the first Saturday of every month until winter. Meet the ponies!

**Saturday  
June 13**

**Yoga on the  
Lawn**

Come and pose for the ponies! As part of VeggieFest Hamilton at the Ancaster Fair Grounds, certified yoga instructor Elda Giardetti will lead a drop-in, donation-based yoga class on the lawn from 11:00 a.m. until 7:00 p.m. Donations will benefit Wind Dancer.

**Wednesday  
July 1**

**Canada Day  
Parade**

Come out to Lynden—just down the road from the Rescue—and see Wind Dancer the Pony lead our volunteers along the parade route.

**Saturday  
September 12**

**Isabel's Ride**

Bring your horse or pony to the Wind Dancer Pony Rescue in Sheffield and join this sponsored ride through the countryside to some of Isabel's favorite haunts. Lunch and Wind Dancer merchandise available. First ride leaves at 10:00 a.m. Proceeds to the Rescue.

**November -  
Date to be  
announced**

**Peller for  
Ponies**

Join us for an evening of fine wine, gourmet food, and great company. We begin with a coach ride to Peller Estates Winery in Niagara-on-the-Lake, where we will be treated to a delightful evening capped by a marsh-mallow roast accompanied by Peller's signature ice wine. Proceeds to the Wind Dancer Pony Rescue Foundation.

**Saturday - Date  
to be announced** Volunteer  
Breakfast

All Wind Dancer volunteers are invited to this special pre-holiday breakfast to thank them for a great year's work!

To find out more about any of these events, and how you can take part, contact [winddancerevents@gmail.com](mailto:winddancerevents@gmail.com)



*Beans enjoying the mud*

Everyone at the Rescue is glad to see the end of a long winter, but with the spring melt and rains comes mud--lots and lots of mud! The ponies love to roll in it, so our volunteers clean it off, and the ponies roll again, and on it goes until the ground dries up. It's often quite a job to bring out Wind Dancer's sparkling white before her blue and pink dots go on.



*Cleaning Dancer*



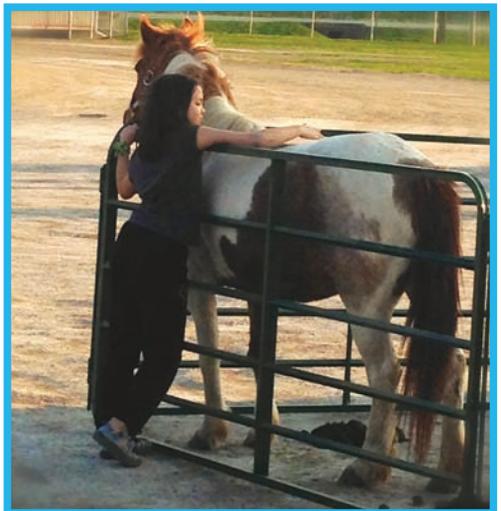
*Enjoying a book launch bonfire*



*A beautiful clean Dancer with Dannika and Michaela at the 'Wind Dancer and the Star Dust Dots' book launch*



*Cheroot with visitors at Pony Daze*



*Making friends at Pony Palooza*

## Ponies, Eggs and Bunnies

A total of 172 children ages two to fourteen turned out at Lee Academy in Lynden on a sunny Saturday in April to hunt for chocolate Easter Eggs, meet the Easter Bunny and say hello to Wind Dancer, the pony. Thank you to everyone who supported this annual event. We raised a grand total of \$1,385.25 for the ponies. That will buy a lot of hay, and keep many ponies very happy!

It took some doing beforehand, but volunteers coaxed, then worked and scrubbed, then coaxed and braided and dotted until they had transformed Wind Dancer into her usual sparkling self for the Easter crowd.



The catch came on the way home, when Dancer would not be coaxed into the trailer that had brought her. Proving there is no challenge to which a Wind Dancer volunteer cannot rise, Quinn Moyer donned her riding helmet...

...hopped on Dancer's bare back and rode her part of the way home. Finally, after quite a while of being escorted in front by a car and behind by her trailer, Dancer decided she wouldn't mind taking that drive after all.



### “Pony Knowledge” Crossword Puzzle Answers

#### Across (blue numbers)

- |            |               |
|------------|---------------|
| 1. Holly   | 9. USA        |
| 2. Service | 10. Stardust  |
| 3. Good    | 11. Palooza   |
| 4. Gelding | 12. Arthritis |
| 5. Shock   | 13. Forelock  |
| 6. Herd    | 14. Eye       |
| 7. Elf     | 15. Events    |
| 8. Rein    | 16. Stress    |

#### Down (pink numbers)

- |              |              |
|--------------|--------------|
| 1. Hayshed   | 8. Treatment |
| 2. Leg       | 9. Family    |
| 3. Stifle    | 10. Oats     |
| 4. Chestnut  | 11. Fairree  |
| 5. Book      | 12. Bay      |
| 6. Donations | 13. Parade   |
| 7. Tail      |              |

## Abigail Learns About Giving

Some children ask for a pony for Christmas, but two-year-old Abigail Howes wanted to give to a pony for Christmas instead.

Accompanied by her mother Krysta, Abigail, a Hamilton Mountain resident, presented \$235 to Wind Dancer president Dr. Paula Dupuy last Christmas after learning from the web site that \$220 can buy one year of veterinary care for one pony. With a little help, Abigail raised the money as part of her mother's effort to teach her about the value of giving.

"We wanted Abigail to know at an early age that Christmas time is about more than just getting," says Krysta, who rode horses as a child. "She understands that she's helping ponies in need and has been very excited about it."

With her mom's help, Abigail met and exceeded her fund raising goal. Then, with an abundance of holiday cuteness, she met with Dr. Dupuy and Rescue pony Elf to make her donation in person. Her mother says they hope to make a tradition of giving back at Christmas time.

The rescue relies on donations like Abigail's, and on the work of dedicated volunteers. For information about how you can help, please visit

[www.winddancerponies.org](http://www.winddancerponies.org)

or [www.facebook.com/WindDancerPonies](https://www.facebook.com/WindDancerPonies) where there is also video of Abigail's visit to Wind Dancer.



# Thank You!

## Hay Shed a Big Hit with the Ponies

Last December, we asked for your help to secure a hay shed that would keep the ponies' hay close at hand as well as sheltered and dry. Once again you came through and provided the \$4,000 required. **Thank You!** The Ponies thank you. We could go on and on about how the shed has space for a stall that can be used to treat a sick or injured pony, how it saves hours and hours of time and labour, how the volunteers are delighted with the ease of obtaining hay at feeding times—but when it comes to the ponies' opinion, we think these photos say it all.



# Wind Dancer ponies gotta move!

## Dramatic improvement in ponies with arthritis

by *Andrea Mallick*

As Dr. Paula Dupuy holds up a tiny bottle of clear liquid at her veterinary clinic, you can see the Wind Dancer Rescue ponies beyond her window moving easily, eating hay and warming themselves in the sun. Inside that little bottle is months of relief from pain for two Wind Dancer Ponies suffering from a common and debilitating disease process.

“Ponies get painful arthritis, just like we do. And, just as for our own family members, we do everything we can to give our ponies a chance at a pain-free, active life,” says Dr. Paula, equine and companion animal veterinarian and President of the Wind Dancer Pony Rescue Foundation. “Their lives don’t need to be filled with pain. And their lives certainly don’t need to be cut short because of it. We can manage this.”

### **Arthritis causes 60% of all lameness**

Arthritis – one of the main causes of lameness in horses and ponies—is inflammation of the joints, most commonly in the knees, hocks and fetlock joints. Much of the pain caused by arthritis is due to the loss of cartilage between the joints. This shock-absorbing layer is worn down or damaged, and the bone, which is usually smooth, becomes rough. When the damaged cartilage and bone move, the joint becomes inflamed, stiff, painful and often swollen. Arthritis can affect any horse or pony at any age, but it is also a natural part of the aging process. Some factors increase a pony’s risk, including stress from working (especially on hard ground), injury and poor fitness or body conformation.

“Ponies’ smaller size and hardiness make them less prone to develop arthritis than horses,” says Dr. Paula. “However, they tend to live longer than horses so we may see more age-related cases.”

### **“Still going strong”**

Elf arrived at the Wind Dancer Rescue with a noticeably swollen knee and a pained, uneven gait. A physical examination and radiography (X-rays) confirmed degeneration in her joint (carpal arthritis) possibly from an old injury. Dr. Paula treated her with a joint injection of hyaluronic acid (HA), a joint supplement, and corticosteroid, a potent anti-inflammatory. The combined effect of this treatment is to reduce pain and return easier movement.

“She had her injection in the fall of 2014 and she’s still going strong,” says Dr. Paula of Elf, who can be seen moving freely around the paddocks with the rest of the pony herd.

Holly, the newest arrival at the Rescue, is like a tiny cute wind-up toy come to life. But she stands with one back leg delicately raised in the air, because arthritis has

developed in one stifle joint and it hurts to place weight on it. Due to a locking mechanism in their hind legs, ponies can normally stand for hours without tiring. They can even sleep standing up! But Holly's locking mechanism has failed and she can no longer 'unlock' her stifle easily. It makes a distinctive "click" when she walks.

While 14-year-old Elf's joint degeneration may have begun with an injury, 8 year-old Holly's arthritis developed from a conformational defect that has affected her throughout her life. With no previous treatment, severe arthritis has formed in this joint. Dr. Paula treated Holly with the same type of injection she gave to Elf.

"Even the volunteers noticed that it has improved her mobility and comfort dramatically," she says.

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*Holly often rests her arthritic stifle joint by taking the weight off. With a variety of medications and dietary supplements available, there is no need for ponies to suffer unduly from this joint condition that affects people and ponies alike.*



*Elf has a large bump on her knee where she suffers from arthritis, but special injections have made a dramatic difference to her comfort and mobility.*

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## A role for joint medications and supplements

There is no cure for pony arthritis, any more than there is for human arthritis. So—just as for humans—most treatment strategies are aimed at managing pain and inflammation and reducing the risk of further damage. Types of treatments depend on the particular pony and severity of the condition. The standard course of drug treatments includes three main groups:

**Non-steroidal anti-inflammatory drugs (NSAIDs)** behave like ibuprofen in humans. They're an affordable painkiller and anti-inflammatory that can be administered via injection or orally. However, NSAIDs can cause side-effects such as gastric ulcers, diarrhea and kidney dysfunction if not used cautiously.

**Steroids, including corticosteroids,** block the pathways of inflammation and suppress the movement of damaging white blood cells into injured tissues. Injections of corticosteroids into the pony's joint can relieve pain and inflammation and return normal function. Side effects may include the possibility of infection from the injection itself and, over time, repeated use of corticosteroids can have deleterious effects on joints.

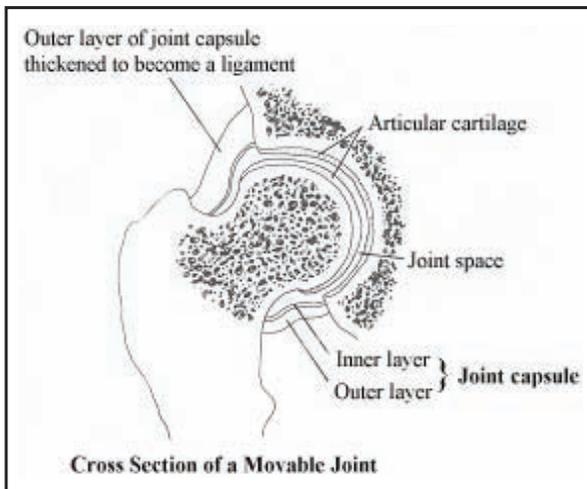
**Disease modifying osteoarthritic drugs (DMOADs)**, including glycosaminoglycans (GAGs) and hyaluronic acid (HA), are a powerful, but costlier option for treating chronic arthritis that is typically reserved for performance horses. Each HA treatment lasts months, has no side-effects, can protect degenerating cartilage, and even stimulate new cartilage production.

**Neutraceuticals or joint supplements**, such as glucosamine and chondroitin supply the body with the building blocks for cartilage production. It is also thought that these products actually slow cartilage breakdown by interfering with damaging enzymes within the joint. “They improve the overall environment of the joint and can be safely given to the ponies early and often,” Dr. Paula says.

**Alternative therapies** can also be helpful for pain management. When arthritis creates disability in one joint, says Dr. Paula, other parts of the pony’s body tend to compensate, which places additional stress on other limbs. “This is where therapies such as equine massage, chiropractic and acupuncture can provide a lot of welcome relief,” she says.

With the variety of potential treatments available for arthritis, there is no reason why anyone’s pony should have to live with debilitating pain, says Dr. Paula—no matter what the age. “Holly and Elf have many years yet to live and lots of love and joy to give. They can continue to lead happy lives, with careful management of their conditions.”

Sources: Dr. Paula Dupuy; Adams’ Lameness in Horses, Fifth Edition (2002), Ted S. Stashak, ed.; Ontario Ministry of Agriculture, Food and Rural Affairs; Canadian Journal of Veterinary Research.



*A joint is made up of two bones that normally move independently of each other. A cartilage layer on the ends of each of those bones acts as a shock absorber supposed to keep bones moving smoothly, and joint fluid facilitates movement and also absorbs shock. A joint capsule holds the joint fluid in and keeps the bones together.*

Source: Ontario Ministry of Agriculture, Food and Rural Affairs

# YOU CAN HELP THE PONIES!

Thank you for your continued and loving support of all Wind Dancer Ponies. Any and all donations—either of money or articles the ponies can use—are always gratefully accepted. Please contact us at [winddancerinfo@gmail.com](mailto:winddancerinfo@gmail.com) if you would like to drop something off.

## Here is what your donation can buy:\*

**\$10** - a pony hoof pick to keep their feet free of nasty pebbles and dirt

**\$30** - half a large square bale of hay to feed the ponies for two days

**\$60** - one large square bale of hay to feed the ponies for four days

**\$125** - one dental visit; one injection of hyaluronic acid (HA) for Holly's and Elf's arthritis

**\$200** - one set of corrective boots for hoof and leg conditions

**\$500** - one pony's supply of grassy, first-cut hay for one year

**\$1,500** - one annual dental visit for each of the 12 ponies at the Rescue

**\$1,700** - one pony's keep -- including veterinary and farrier care -- for one year

*\*These are examples of what donations in these amounts will buy. While your donation will go directly to helping ponies, we cannot guarantee that it will buy these exact articles or services.*

To make a tax-deductible donation on-line using Visa, Mastercard, American Express, Pay Pal or Interac, please go to [www.winddancerponies.org](http://www.winddancerponies.org) and click "Donate" at the top right.

Or, mail your cheque to: Wind Dancer Pony Rescue Foundation  
P.O. Box 61  
Sheffield, ON L0R 1Z0

Registered Charity No. 801879917RR001

**Please remember to include your mailing address for a tax receipt**

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Please correspond with me primarily by: (Check One)

Email

Regular Mail



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*Pony Tales* is a publication of the Wind Dancer Pony Rescue Foundation -

P.O. Box 61, Sheffield, ON L0R 1Z0

Registered Charity No. 801879917RR001

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